



Bowl Food Menu

3 bowls £20

Fish

Seared blue fin tuna with fennel and cucumber ceviche
Scallop, tiger prawn and rice noodle salad
Red mullet tagine with saffron couscous and pickled lemons
Mussels, garganelli pasta, soft herb cream and lemon
Seared sea bass, wild mushroom, watercress and sauce vierge

Meat

Confit pork belly, pumpkin puree and green apple salad
Seared rump steak, watercress, chips and béarnaise sauce
Paella, rabbit, chicken and chorizo
Braised shin of beef with mac n' cheese
Grilled chicken, chorizo, chickpeas and romesco sauce

Vegetarian

Cauliflower couscous, spiced peppers and aubergine and mint yogurt
Risotto of wild mushroom, parmesan crumble and black winter truffle
Quinoa, roasted beetroot, soy broccoli, chilli and coriander
Roast butternut squash, aubergine, chickpeas, chilli, coriander and yogurt
Courgette tagliatelle, soft herbs, lemon, chilli and shallots